

Camp 'Can' Do 2011
July 3 - July 7

Camper Information



www.scburnedchildrensfund.org



Camp 'Can' Do Program Office at MUSC
150 Ashley Avenue
P.O. Box 250347
Charleston, SC 29425
843-792-3852 Fax: 792-3038
Email: evansj@musc.edu
www.scburnedchildrensfund.org

March 2011

Dear Camper and Families:

It's hard to believe it is that time of year again; time to start getting ready for **Camp 'Can' Do 2011!** Camp will be here sooner than you think. All the Camp 'Can' Do staff, counselors, and friends are looking forward to seeing you at camp this summer. We are planning some fun new events and of course will leave in most of our favorite activities like fishing, swimming, crafts, canoeing, the dance party, teen's night out, and much more. We're hoping you'll join us!

Camp Dates: July 3 to July 7 at Camp St. Christopher, Seabrook Island, SC
Arrival: Plan on arriving at Camp on Sunday July 3 between 12 noon and 1 pm
Departure: Pick up campers at 10:30 a.m. on Thursday July 7
(Closing ceremonies begin at 10:00 a.m., parents and families are invited!)

Please review all of the enclosed information carefully. Be sure to read the Camp Rules and Discipline Policy. If you have any suggestions or comments, please write them on the on the back of the "Camper Information and Health Form." You can call the Camp 'Can' Do office at (843) 792-3852 if you have any questions or need assistance with the forms. Additional forms may be downloaded from our website: www.scburnedchildrensfund.org.

Part One: Camper Information Booklet: Important information for family members to keep.

Part Two: Camper Application and Health Forms: Vital information and signed permissions and acknowledgements. Please be sure to complete the permission form if your child needs transportation to or from camp. The photography/videography consent form MUST be signed to participate in Camp 'Can' Do 2011 (please call us if you have questions or concerns about your child's photo being taken at camp).

- "Health Care Recommendations by Licensed Medical Personnel" portion of the form. Camp 'Can' Do's Medical Staff cannot insure proper care or be held responsible for your child's health while they are at camp without accurate, up to date medical information. Every child needs to have a medical exam prior to attending camp. **A copy of your child's immunization record is REQUIRED this year.**
- If you checked the "yes" box on page 2, General Information, saying the camper needs transportation to and from camp, you will be contacted by someone the week before camp to make arrangements.

The Camper Information and Health Form must be completed, signed, and returned to the Camp 'Can' Do office before April 30th.

The staff of Camp 'Can' Do hopes you will have a wonderful time at camp with many fond memories. We look forward to seeing you at camp.

Jill Evans
Coordinator, Pediatric Burn Services
MUSC Children's Hospital
843-792-3852

Betsy McMillan
Child Life Specialist
MUSC Children's Hospital
843-792-7065

**Directions to Camp 'Can' Do
At Camp St. Christopher located on Seabrook Island**

From Charleston:

1. Starting from Charleston, cross over Ashley River Bridge and take SC 700
2. Take first right after Wappoo Cut Bridge (you will still be on SC 700)
3. Follow SC 700 through Riverland Terrace over Stono Bridge to John's Island
4. Continue on John's Island on SC 700 to second crossroads (Bohicket Road). There is a Seabrook Island sign at this intersection and a Piggly Wiggly on the left. Turn left
5. Continue on Bohicket Road to Seabrook Island. The way is well marked. The security guard will stop you before you enter the island. The entrance to St. Christopher is 2.5 miles from the gatehouse on the right

From 1-26:

1. Traveling toward Charleston on Interstate 26 take Mark Clark (Interstate 526) toward Savannah and the airport
2. Continue on I-526 until it ends at Highway 17 Turn right and proceed approximately 4.4 miles to John's Island-Seabrook turn off. There is a Burger King on the left
3. Turn left and follow the signs, to Seabrook, Island (approximately 19 miles to gate house)
4. You will be stopped and checked in by the security guard before you enter the island. The entrance to Camp St. Christopher is approximately 2.5 miles from the gatehouse on the right

From Highway 17:

1. Traveling north on Highway 17 turn right at John's Island-Seabrook Island turn off. This turn off is located several miles South of Charleston - near a large Seabrook Island sign
2. Follow signs to Seabrook island (approximately 19 miles to gate house)
3. A Guard at the security gate will stop you before you enter the island. The entrance to Camp St. Christopher is approximately 2.5 miles from the gatehouse on the right

**** NOTE:** If you are traveling south on Highway 17, you will be turning left at John's Island at the Seabrook Island turn off. You can call Camp St. Christopher for assistance or in case of an emergency (843) 768-0429

Watch your speed while on the Island, the speed limits are strictly enforced!

Camp 'Can' Do Mission Statement

The purpose of Camp 'Can' Do is to provide a fun, residential camping experience for children, ages six to seventeen, that have been treated for a serious burn injury. Camp 'Can' Do provides a safe, supportive, fun outdoor environment and a variety of social, recreational, and educational activities for campers.

Camp activities may include fishing, swimming, boating and canoeing, games, ropes courses, arts and crafts, entertainment, a dance party, field trips, firefighter relay games, and much more.

Camp 'Can' Do provides opportunities for personal growth, increased self-esteem, and development of leadership skills. Our goal is to provide a camp where children and teens can play and have fun with others who have shared similar medical experiences.

Camp Goals Include:

- To provide a unique, exciting, fun-filled experience for the campers
- To convey to each camper the feeling that he/she is a unique and valuable human being
- To emphasize the positive contributions of everyone. Each camper is a winner if he/she does their best with the abilities that they have.

At Camp 'Can' Do the children...

- Receive unconditional love and acceptance
- Have a fun-filled summer camp experience
- Are just like all the other kids at camp
- Make new friends and begin life-long relationships
- Are inspired by the other children
- Have positive role models and mentors
- Have a safe place to heal emotional scars
- Realize that they 'Can Do' anything!

General Camper Rules

Medications: Campers will have **NO** medications of any kind in their possession or in the sleeping quarters. All prescription medications will be given to the Camp Nurse upon arrival at camp; this includes all over the counter medications, such as Tylenol, Advil, aspirin, etc.

General Rules

- **Absolutely no one leaves camp alone or with anyone other than parent or legal guardian.**
- Listen to Camp Staff.
- When a Camp Staff's hand is raised, **everyone must stop talking.**
- Campers must stay with Camp Counselor at all times.
- Respect other people's property! The camp staff is not responsible for any lost, stolen, or broken items.
- No making fun of anyone else's burns or scars.
- Be fair, courteous and respectful to all campers and adults while at camp. This includes the following: no name calling or making fun of anyone; no fighting, punching, slapping, yelling or screaming at anyone; no biting, scratching or any form of brawling; and no foul language or cursing of any kind or other inappropriate behavior.
- No phone calls without permission. Absolutely no campers are permitted to use the Camp Staff radios or cell phones unless it is an emergency.
- If you are sick and cannot participate in an activity, the Medical Director or Camper/Counselor Coordinator are the only persons who can excuse you.

Cabin Rules

- Each Camper is responsible for keeping their bunk area neat and tidy. This will be enforced each morning prior to the start of daily activities.
- Personal hygiene, such as taking showers, brushing teeth, and combing hair, is **a daily must.**
- Lights will be turned off at the time designated by the counselors in charge.
- **No entering the cabins of others**-no males in female rooms or females in male rooms.

Meals and Cafeteria Rules

- Hands must be washed **before** each meal.
- All Campers must remain seated while in cafeteria

Outside Rules

- **Absolutely no one is allowed on sand dunes.**
- There is no running on the board walk.
- **Do not litter!** Respect the environment. Empty beverage cans are to be put in recycling boxes.
- Return all sporting equipment, games, and other items when finished using.

Recreation and Crafts Hall

- Each camper is responsible for cleaning up after themselves following events, crafts, and activities.
- Do not leave litter or personal belongings behind; all lost and found items will be kept in the Craft Hall

Camp 'Can' Do Discipline Policies and Procedures

Campers Rules will be reviewed with each camper when arriving at camp

Remedies for rule breaking include the following:

- 1) Quiet time under the supervision of counselor
- 2) Restriction from activity
- 3) Conference with Camp Director and/or Camper/Counselor Coordinator.

At **no** time is discipline to include the following

- 1) Deprivation of food or sleep
- 2) Placing a camper alone without staff supervision and observation
- 3) Subjecting a camper to ridicule or threat
- 4) Physical punishment or exercise.

DISCIPLINE POLICY

FIRST OFFENSE: The Camper's counselor will handle minor infractions. The Camp Director will be made aware of the offense and the outcome.

SECOND OFFENSE: Major infractions are handled by conference with the Camper's Counselor, Camp Director, Camper/Counselor Coordinator, and, if necessary, other Camp Staff as deemed appropriate. Outcome of conference will be relayed to the Executive Director.

THIRD OFFENSE: Will be handled by the Camp's Executive Director. At this level, the camper will be removed from all camp activities. His or her parents or legal guardian will be contacted to pick up their child from Camp St. Christopher. The Camper will not be invited back to camp.

FORBIDDEN ITEMS AT CAMP

Radios, DVDs, CDs and CD players, electronic or video games and related items, cigarettes, lighters, matches, incense, fireworks or related items. No knives, guns or others weapons. No form of illegal drugs or alcohol or related items. **Please do not bring cash!!**

Campers are not allowed to carry cell phones during camp. Cell phones brought to camp by campers will be secured by camp staff and returned prior to departure. Camp staff will have cell phone access available for use if needed.

Anything of value not related to camping, which can be lost or stolen, must be registered with the Camp Director upon arrival at camp.

BREAKING OF ANY OF RULES MAY RESULT IN DISMISSAL OF THE CAMPER DURING THIS YEAR'S CAMP AND ALL FUTURE CAMPS!!!

Camp 'Can' Do Suggested Clothing List

Be sure to pack enough clothes for 5 days of outdoor activities & 4 evening events

The following is a suggested list of what to bring to Camp 'Can' Do:

Item	Packed	Item	Packed
Bag or container for toiletry articles	<input type="checkbox"/>	4 pair socks	<input type="checkbox"/>
Robe or cover-up	<input type="checkbox"/>	5 pair shorts	<input type="checkbox"/>
Toothbrush	<input type="checkbox"/>	2 jeans or long pants	<input type="checkbox"/>
Toothpaste	<input type="checkbox"/>	6 shirts	<input type="checkbox"/>
Shampoo	<input type="checkbox"/>	2 pairs of sneakers	<input type="checkbox"/>
Soap	<input type="checkbox"/>	5 sets of underwear	<input type="checkbox"/>
Deodorant	<input type="checkbox"/>	pajamas	<input type="checkbox"/>
5 bath towels	<input type="checkbox"/>	* Dress apparel (optional)	<input type="checkbox"/>
wash cloths	<input type="checkbox"/>	Swimsuit, beach towel, beach shoes	<input type="checkbox"/>
1 laundry/dirty clothes bag	<input type="checkbox"/>	Sleeping bag or blanket	<input type="checkbox"/>
Light weight jacket	<input type="checkbox"/>	Set of twin sheets	<input type="checkbox"/>
Prescription medications	<input type="checkbox"/>	Pillow and pillowcase	<input type="checkbox"/>
Alarm Clock	<input type="checkbox"/>	Rain gear/poncho	<input type="checkbox"/>
Lotions/ointments	<input type="checkbox"/>	Flip Flops	<input type="checkbox"/>
	<input type="checkbox"/>	Don't forget your Camp 'Can' Do blanket if you have one!	<input type="checkbox"/>
Dressings, pressure garments and/or other medical related supplies that the camper needs			<input type="checkbox"/>

* Some campers like to dress up for the evening events, especially the dance party. This is strictly optional.

ITEMS THAT WILL BE PROVIDED AT CAMP FOR EACH CAMPER

Camp T-shirt	Carry bag	Sun screen
Bug repellents	Camp hat	Over the counter medications

Cameras will be given out to each camper for personal use. Campers may bring a disposable camera(s) or an inexpensive camera. Don't forget to bring film and batteries if needed.

Camp Staff is not responsible for lost or stolen cameras or equipment.

